

#AskSesimag

The struggle is real, but we got you.

By: L'Oreal Thompson Payton

**Q: Why do we confuse confidence with being egotistical? I'm typically a shy person, but as I've gotten older, I decided to come out of my shell more, but it seems others are seeing it as me being "too much."
-@L-Bailey99**



A: There's a thin line between cockiness and confidence. Just ask Kanye. But before you go on one of his infamous Twitter rants, hear me out. The problem may not be you, but other people's own insecurities. Think about it. They were perfectly fine when you kept to yourself and maintained a low profile, but now that you're out there with all of your fabulousness, they probably feel threatened.

Why? It's human nature. Now that you're more confident, they may view you as competition, and they don't want to see you doing better than they are. Or, they're jealous of you and your newfound confidence. We all know the haters are gonna hate, but you can't let their bad attitudes bring down your awesomeness. And you definitely shouldn't apologize or change your personality to make them feel more comfortable.

The next time someone accuses you of being "too much," simply smile and walk away. If they throw shade your way on social, ignore them. There's no need to sink to their level. Once they realize you're not playing into their mind games, they'll get bored and leave you alone.

In the meantime, just keep being your #flawless self. The people who truly love and care for you will understand and support you no matter what. Those who don't, won't. And that's okay. You can't be all things to all people; nor should you aspire to be.

You've got questions and we've got answers! Tweet @sesimag using #AskSesimag for advice about school, friends, love, life — whatever! Or, e-mail sesimag@gmail.com!